WALK

Wellness and Lifetime Knowledge

Sidewalk Inventory

City of Seguin, Texas

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WALK

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Introduction

- TIPHER's mission is to improve the quality of life by:
  - Reducing obesity and managing diabetes
  - Making Seguin more walkable
- Texas Department of State Health Services Transforming Texas grant:
  - Implement changes aligning with Healthy People 2020 focus areas
  - Supporting implementation of interventions to prevent heart attacks, strokes, cancer, and other leading causes of death or disability
- WALK will be working for TIPHER, to create a map, with detailed information on all sidewalks in Seguin

Summary

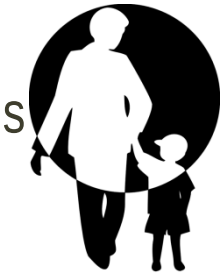
- Over the next five years, TIPHER is seeking to reduce the rate of obesity through nutrition and physical activity interventions by 5%
- TIPHER's goal is to create a walking program to encourage people to walk more

Purpose

- WALK has been tasked by TIPHER to create a sidewalk inventory and walking maps that display routes in Seguin
- The sidewalk inventory will show obstructions and specific attributes
- TIPHER would like to reinforce the Safe Routes to School program
- WALK will accomplish this by analyzing sidewalk connectivity

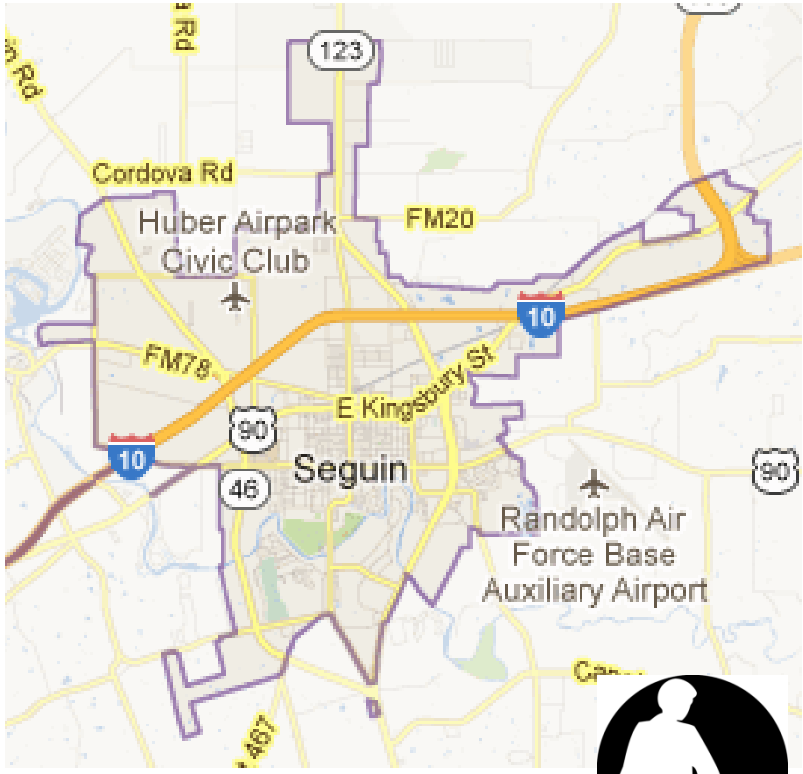
Purpose

- WALK will determine sidewalk accessibility to pedestrian attractors
- This will encourage people to walk more
- WALK will also locate pedestrian attractors such as:
  - Schools
  - Banks
  - Grocery stores
  - Retail centers
- We also need to distinguish the different types of walking surfaces



Scope

- The geographic extent of our study area is Seguin, TX
  - Population (2010)per US Census website
    - Total 25,175
  - Geography
    - 35 miles northeast of San Antonio
    - 22 miles south of San Marcos
    - 15 miles southeast of New Braunfels
  - Sidewalks to roads 4:100 miles (sidewalk on both sides of road)(TIPHER data layer, 2013)



Literature Review

- Many other cities have developed pedestrian master plans :
  - College Station, TX
  - Austin, TX
  - Oakland, CA
  - San Francisco, CA
- How other cities of done it:
  - Community involvement
  - Identify Pedestrian attractors/sources
  - Develop a Pedestrian friendliness index
    - A current study by the CDC has found that areas with high pedestrian workability index have a lower rate of childhood obesity than the national average
      (Slater et al / American Journal of Preventive Medicine 2013)
  - Develop a Walkability index
  - Identify Auto to Pedestrian issues

Data

- The sidewalk inventory will cover the existing sidewalk network
- The characteristics to be recorded for existing sidewalks include:
  - Width
  - Length
  - Material of the sidewalk/path
  - ADA compliance
  - Distance from curb
  - Obstructions
- Pedestrian attractors will be located

Data

- Data collection: WALK will gather the information needed
  - A survey will be attempted to bring in community opinions
  - Data will come from
    - TIPHER
    - Chamber of Commerce
    - Census data
    - Field work
- Pre-processing data: converting collected data into a compatible format and preparing it for analysis
- Data interpretation/analysis: WALK will study the area and make recommendations of where to build/repair sidewalks

Methodology

- We will do the following:
  - Import the Chamber of Commerce (CoC) data set
    - The CoC data will be used to create routes to and from pedestrian attractors/sources
  - Verify/Expand the current data set provided by TIPHER
  - Create a current sidewalk inventory with attributes (as stated in Data section)
  - The Census data will be used to identify population densities to help rank neighborhoods
  - TIPHER will be assisting us in collecting pedestrian survey info to be used for identifying areas of high pedestrian traffic
  - Field work will help to accomplish these goals by looking into the various areas within Seguin

Implications

- We will develop a strong foundation for a pedestrian master plan
- This will encourage people to get out and walk more
- Develop a stronger sense of community
- Maintain a well-developed pedestrian network

Budget

Data Analysis	Total Hours	(10 hours/week * 5 weeks * 3 consultants)	150 hrs	$11,250.00
Equipment Costs	Depreciation	(($50,400 [Total value of equipment] / 36 [equipment life in months]) * 2.5 [months equipment will be in exclusive use for project])	$3,500.00	$4,550.00
Data	Purchased Data		$0.00	$0.00
Travel Expenses	200 miles	(@ $0.50 cents/mile)		$100.00
	Total Costs			$15,900.00

Timetable

February 24th- March 23th	Data Collection
March 10th- March 30th	Pre-processing Data
March 31st- April 13th	Data Analysis
April 14th- April 20th	Data Interpretation

Final Deliverables

- On Friday, May 3rd the following will be delivered:
  - A website
  - A final report of our processes and findings
  - A thumb drive containing
    - All data
    - All metadata
    - All reports (proposal, progress, and final)
    - All PowerPoint presentations

Conclusions

- TIPHER and WALK are dedicated to improving Seguin's health and well-being
- WALK is assisting TIPHER by creating a sidewalk inventory
- This will help improve the walkability of Seguin and encourage people to walk more in an effort to reduce diabetes and obesity